

April 2024 Lapham Center

New Expanded Hours! Open Saturdays April 6 and April 27 from 10 am to noon!
Open for extended hours on Tuesdays and Wednesday until 7 pm beginning April 23!
More info on back of calendar.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 11:15 Blood Pressure	2 10 Nautical Narratives: USS Intrepid 1 The Orientalists	3 12 Lunch & Learn: Demystifying Medicare with Dr. Kahan	4 Medicare by Appointment	5 12 Movie: Past Lives
8 9:15 Beginner Mahjongg	9 9:15 Beginner Mahjongg 1 The Orientalists	10 1 Blood Sugar Screening	11 1 Coffee with Cops 2 Ask the Attorney	12 11 Health Talk: De-stressing Routine 12 Movie: NYAD
15 11:15 Blood Pressure 1 Chess 101: Lesson and Supervised Play	16 1 The Orientalists 2:30 World Events Book Group	17 11:30 Trip: The Notebook on Broadway	18 Medicare by Appointment 1 Life Reimagined	19 9 Hearing Screening 12 Spring Break Bingo No movie today
22 10 Earth Day Bingo	23 9 Book of Revelation 1 The Orientalists	24 12 Lunch & Learn: Understanding your Health 1 French Film: <i>Chocolat</i> 1 Blood Sugar Screening 4 Dinner and Movie: <i>Oppenheimer</i>	25 1 Lapham Reads: <i>The Silent Patient</i>	26 Closing at 12 No movie today
29	30			

Weekly Classes

Monday	Tuesday	Wednesday	Thursday	Friday
10 Watercolor	8:30 Beg. Pilates	9 Intermediate Italian	8:30 Beg. Pilates	8:30 New Canaan Sentinel
10 Advanced Bridge	9 Beginning Italian	10:45 Italian 2.0	9:15 Rise and Fall of the	Coffee
10 Balance and Posture	9:45 Pilates on the ball	11 Intermediate French	British Empire	10 Bridge 3.0
10:30 French Conversation	10 Italian Conversation	12:30 Qigong	9:45 Yoga Fusion	10 Drop-in MJ
10:30 French Revolution	10 Poetry	1 Beginner Ukulele	10 Acrylic	
11 Moving with Arthritis	10 Bridge: Improve defense	1:30 Uke Players	11 Literature: Shakespeare	Open Saturdays
12 Fit for Life	10 Drawing	1:30 Super Stretch	11 Muscles in Motion	April 6 and 27
12:30 Woodcarving	11 Muscles in Motion	2 Billiards	12 Cardio Plus	10 am to noon
12:30 Spanish Conversation	11:45 Intermediate Italian	2:30 NCMC Yoga	12 Beg. Ukulele	
1:15 Super Stretch	12 Cardio Plus	Beginning April 24	12:30 Woodcarving	April 6
2:30 Classical Music	12 Supervised Cribbage	5 Italian for Travelers	1 Drop-in MJ	10 Mahjongg for Beginners
2:30 NCMC Yoga	1 Chair Fitness			
	1 Art Appreciation			
	Beginning April 23			April 27
	4 The Orientalists			10 Learn to Needlepoint
	5 Beginning Bridge			
	5 Sip and Stitch			
	5 Open Canasta and MJ			

Thanks to a grant from the Department of Aging and Disability Services the classes and activities during extended hours will be offered for free in the spring. Registration required, space is limited. Register early to ensure your spot.

Tuesdays with extended hours, open until 7 pm: April 23, 30

8 Tuesdays, April 23 - June 11, 5 pm - 7 pm, Beginning Bridge

Tuesdays, 4 pm - 7 pm, Sip and Stitch

Tuesdays, 5 pm, Showing of the Orientalists

Tuesdays, 5 pm - 7 pm, Open Play for Canasta and Mahjongg

Wednesdays with extended hours, open until 7 pm: April 24

6 Wednesdays, April 24 - May 29, 5 pm - 6:30 pm, Italian for Travelers

April 24, 5 pm, Oppenheimer Dinner and a Movie

Saturdays with extended hours 10 am to noon: April 6 and 27

April 6, 10 am, MahJongg for Beginners

April 27, 10 am, Learn to Needlepoint